

The Vigil Newsletter

Spring 2015



Centennial Lodge, revisited: *Dr. Ron and Beth Henderson extend their torch-bearing legacy*



Dr. Ron and Beth Henderson

When Ron Henderson, M.D., traces the history of St. Vincent's Centennial Lodge, he starts in the early 1990's, years before the 25-room facility became a mainstay for patients and families.

By that decade, this physician had become well aware of his patients' needs for hotel-style housing on the St. Vincent's Birmingham campus. Since Henderson & Walton Women's Center had grown to include seven

geographically distant clinical offices, his patients scheduled for early-morning surgery at St. Vincent's often had to find pre-surgical lodging downtown.

Henderson, who was serving as chairman of what was then known as St. Vincent's Hospital Executive Committee, began advocating for on-campus lodging for patients and families. Others agreed, and his idea was included in the hospital's master plan. However, more pressing medical needs inevitably consumed available capital for a major project.

Thus, Henderson and his wife Beth decided they would spearhead a public effort with the support of the St. Vincent's Foundation. They not only contributed \$100,000 toward the facility, but helped raise another \$3.1 million.

As a result, Centennial Lodge opened December 14, 2000. It was immediately embraced by patients and their families across all service lines, especially families with a newborn in the Neonatal Intensive Care Unit. But the constant use took its toll. By the time the Hendersons' daughter accessed the Lodge to be near her hospitalized premature twins nearly ten years later, the family saw the wear and tear of thousands of overnight stays.

Henderson, who delivered more than 10,000 babies during his 30-year career, pondered what he and Beth might do to ensure the continued availability of convenient and affordable short-term housing.

"As a physician, I believe in what I call the 'Four C's' of health care: compassionate, competent, cost-effective, and convenient. The Lodge addresses convenience. It has been a blessing for a lot of people. Now I want to make sure the Lodge improves the experience for patients and families. That has been a consistent part of the Mission since I came to St. Vincent's in 1968, and I would like to see it sustained."

The Hendersons have therefore committed \$500,000 to update Centennial Lodge. In appreciation of their repeated generosity, the renovated facility will be renamed The Ron and Beth Henderson Lodge.

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WHERE BABIES COME FROM:

EWCF supports maternity care

Every new life is a celebration. Every birth is a sacred event.

That's why St. Vincent's is so grateful to the Eastern Women's Committee of Fifty (EWCF), as its members help enhance those sacred celebrations at St. Vincent's East. The EWCF is donating its April 30 Highland Park Golf Tournament proceeds to St. Vincent's \$6 million commitment to 18 state-of-the-art birth suites, a triage room, nursing education room, new waiting area, and improved Neonatal Intensive Care Unit space and equipment.

EWCF, a faithful community partner, has also supported the St. Vincent's East Cancer Center and other endeavors at St. Vincent's East. To learn how you or your organization can contribute toward the enhanced maternity experience at East—from wellness to lactation education—call 838-6151.



Only in this country

For those familiar with local donors and volunteer leadership, Dr. Ron and Beth Henderson are known as consistently generous St. Vincent’s supporters. Although this physician has contributed expertise and monetary gifts to multiple St. Vincent’s projects and committees, the Lodge renewal has special meaning for him.

“I am a tenant farmer’s son,” said Henderson. “What I have experienced in my career could only happen in this country. I’ve had a lot of mentors along the way, from the people who helped me get into college to all the supporters I’ve had since.”

Henderson has therefore devoted his career and retirement to returning that support. The renovation and renaming of Centennial Lodge will serve as a fitting reminder of what helping others “along the way” can do, not only for one individual, but for all those whose lives will be touched in decades to come.

Centennial Lodge, revisited: Dr. Ron and Beth Henderson extend their torch-bearing legacy cont.

“Hospitality is taken from the same word as ‘hospital,’” noted Wayne Carmello-Harper, St. Vincent’s Health System Senior Vice President of Mission Integration and Chief Philanthropy Officer. “Our entire ministry is dedicated to bringing this experience to those who turn to us in times of medical need. We are deeply grateful to Ron and Beth for revitalizing the Lodge, which is aligned with our commitment to person-centered care.”

Henderson is a member of the Alabama Healthcare Hall of Fame, a former professor of medicine at the University of Alabama School of Medicine at the University of Alabama at Birmingham, the founder of Henderson & Walton, and founder or co-founder of three other health-related firms. He is an emeritus board member of St. Vincent’s Foundation as well as having served on multiple other boards, including Alabama’s State Committee of Public Health.

“I’ve had quite a career. So, we hope this commitment to the Lodge will comply with what the Daughters of Charity insisted on—that our commitment to excellence should extend not only to St. Vincent’s level of care, but to its facilities as well.”

Honorariums *The following individuals were recognized through a gift in their honor.*

Stephen M. Anderson
Dr. Joaquin Arciniegas
Dr. Cara Bondly
Bruno Cancer Center Staff
Katherine W. Buchwald
Dr. Gray C. Buck III
Wayne Carmello-Harper
Eva Davey
Bernie Favara
Dr. Philip J. Fischer
Dr. James A. Flanagan
Barry Godby

Beverly Golightly
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St. Vincent’s Birmingham Gift
Shop and Book Store
Dr. William J. Tapscott
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Dr. Joseph E. Welden, Jr.
Sr. Dinah White, D.C.

The philanthropic pizza: How the Foundation's Junior Advisory Board spurs next-generation giving



When St. Vincent's Foundation Junior Advisory Board member Christopher Thames suggested the group enlist Slice Pizza & Brew in the Lakeview District to raise money for hospital equipment, fellow members Chris D'Amico and Russell Rutherford knew Thames was going to make it happen.

Thames, of Birmingham commercial real estate firm J.H. Berry & Gilbert, knew that the popular restaurant near St. Vincent's Birmingham regularly hosts events for qualifying nonprofits. Soon Junior Advisory Board members were publicizing their "Let's Raise Some Dough" event through social media.

"To engage our millennial generation in charitable efforts, it helps to offer them an experience," said D'Amico, director of business development at BTC Wholesale Distributors. "We're a hands-on generation looking for hands-on ways to get involved."

"Our objective was to raise enough in donations to buy a temporary external pacemaker for St. Vincent's East," said

Rutherford, an Adams and Reese LLP attorney. "The Slice event was a step toward making that happen. We're not there yet, but between that and our letter-writing campaign, we've raised one-half of the total goal."

D'Amico said the group's letters target a different audience. "It's hard to ask people to give money out of pocket for something they don't understand. But I know family and friends who have had cardiac concerns, and they've responded to my letters asking them to give."

Some wonder why busy young professionals would take time to lend a hand. For D'Amico, St. Vincent's is part of his family's story. He and his two brothers were born at St. Vincent's. He frequently attends Mass at St. Vincent's. The D'Amico family's multi-generational relationship with St. Vincent's includes a tradition of faith-based service.

"My dad also took me with him to volunteer at Jimmy Hale Mission. So I've been brought up in an environment where you do things for others."

Rutherford, a Mississippi native, is also following an example. St. Vincent's Foundation Board Member Emeritus Richard Carmody, his mentor at Adams and Reese, suggested Rutherford explore St. Vincent's involvement as an introduction to Birmingham.

"To be involved in this organization is a great way to give back and establish roots in the community, to make it a better place to live, and to meet like-minded people," Rutherford said.

These advisory members invite others to join their torch-bearing efforts. To support the Junior Board's goal in providing a temporary external pacemaker at St. Vincent's East, please call 838-6151 or donate online at stvhs.com/give.

Memorials *Lord, may our prayers come before you in memory of those we entrust to your eternal care.*

Richard F. Ambrose
Diane Anderson
Judith M. Bennett
Dr. Richard L. Berryman
Evelyn V. Bishop
Wesley L. Bowden
Rebecca L. Bradley
Mike T. Brewer
Louie A. Busby
Agnes J. Bynum
Alan Caldwell
Guy Carter
Joseph Corsentino
Vincent M. Corsentino

Victoria D. Crenshaw
Frank D'Amico
Lena D'Amico
Charles R. Davis
Martha B. Davis
Dr. Joan D. Domnanovich
James E. Duckett
Marvin R. Engel
Irma R. Erdreich
M. K. Erdreich
Kathlynn P. Fadely
Sheila A. Garrett
Bettie Ruth Glover
Emmett R. Godfrey

Anne D. Greenberg
Dr. Alfred Habeeb
Randy J. Harper
Tony Hix
Frances K. Holcomb
Robert H. Holden
Dr. William J. Howell
E. A. Casey Jones
Kathy Jackson Memorial
Doris W. Kelly
Edwin T. Kerr
Opal G. Kullman
Lee Layton
James E. Majerik

Harvey G. Martin
Elizabeth G. Moore
Linda C. Ozbolt
Baylee G. Peterman
Rosalie C. Phillips
Peter R. Portera II
Harrison J. Powell
Dr. Alvin L. Rich
Priscilla Salmon
Juanita C. Smith
Jean B. Thornton
Joyce R. Troupe
Blair Weamer
Lily G. Woodall



Keeping our commitment: *St. Vincent's One Nineteen addresses vision, values*

More services. More prevention. More treatment. More physicians. The same ministry.

New construction underway on the St. Vincent's One Nineteen expansion represents more than additional space. When One Nineteen's current campus opened in 2005, its commitment was to provide the community with a fully integrated approach to health care. The result has been a truly one-of-a-kind model, where community members may access medical, fitness, spa, and wellness services in one state-of-the-art, convenient location.

Now, as St. Vincent's One Nineteen celebrates its tenth anniversary, its expansion project serves to enhance and expand its commitment to the community.

"As we continue to grow our ministry on our St. Vincent's One Nineteen campus we will advance our ability to better serve Shelby County," said St. Vincent's One Nineteen Executive Director Stephanie Holderby. "The \$15 million expansion will further our commitment to person-centered care, fulfilling our vision and values."

The current construction includes three expanded service areas.

Later this year, area residents will have access to an ambulatory surgery center at St. Vincent's One Nineteen. They will also benefit from expanded medical office space, with more physician specialties than before.

"And, we'll be able to offer an urgent care center with a unique focus on linking patients with their primary care providers," Holderby said.

The urgent care center will fill after-hours gaps between physicians' offices and area emergency departments. Urgent care staff will not only address non-life-threatening concerns that can't wait for offices to reopen, but will fully inform those physicians of what was done for their patients. That follow-up priority may even help some patients establish a primary care physician for the first time.

Since St. Vincent's One Nineteen's physicians often participate in free medical screenings, seminars, and other on-campus health events, Holderby said more community residents will benefit than before. She said that for St. Vincent's One Nineteen's associates, the service expansion signifies "a commitment kept," to the mission and the community.

A commitment to faith

St. Vincent's One Nineteen's holistic care has always emphasized St. Vincent's unique mission to continue the healing ministry of Jesus. However, since opening in 2005, St. Vincent's One Nineteen campus has not had a sacred space set aside for reflection, prayer, and quiet.

Until now.

The expansion will include an outdoor sacred space, marked by the Sisters' Vigil sculpture and a water feature. One designated area will provide seating for scheduled services, while shaded niches will allow spaces for reflection or individual prayer. Inspired by the natural beauty emphasized throughout St. Vincent's One Nineteen's campus, the design reflects St. Vincent's Health System's emphasis on holistic healing and the mission motivated by the love of Christ.

"The designation of common space is a fundamental element in building community," said Wayne Carmello-Harper, St. Vincent's Health System Senior Vice President of Mission Integration and Chief Philanthropy Officer. "Be it a porch, a city park, or the National Mall, we set aside space to honor leisure, refreshment, and respite. In our Judeo-Christian tradition, we dedicate space to foster a rhythm of Sabbath rest in the midst of the demands of life and work."

When St. Vincent's One Nineteen associates were asked for planning input, they suggested a space that "welcomed growth, learning, sharing of time, renewing the inner life, sustaining the persistence of purpose, and reminding us of the Lord's presence in all of creation."

The resulting design will be built through donations. Anyone can play a part in that provision, which might include memorial and honorary gifts. To learn more about Sisters' Garden and major naming opportunities, please call 838-6151.



Sisters' Garden

A commitment to support



Each morning, Ben Tamburello keeps his commitment to good health by working out at the St. Vincent's One Nineteen fitness center. As a former Auburn University football player and former five-season veteran of the Philadelphia Eagles, Tamburello has worked with some of the best trainers in the country.

Still, this member of the Alabama Sports Hall of Fame remains amazed at how St. Vincent's One Nineteen's fitness staff meets members' needs, including every age and stage. That commitment has motivated him to find a way to give back.

"I've been a member since St. Vincent's One Nineteen opened in 2005. The trainers there are the best. I get to see how they represent St. Vincent's Health System's faith-based commitment to expert medical care. It's more than just a gym. One Nineteen adds so much to this community."

As an associate broker for RE/MAX Southern Homes 280, Tamburello also knows about the importance of "community." That is why he volunteered to promote the St. Vincent's Foundation Golf Classic, held this year at Shoal Creek on June 8. Proceeds benefit the expansion at St. Vincent's One Nineteen.

"We're grateful for the terrific sponsors from all over Birmingham who contribute to this tournament every year. And we're looking forward to welcoming new ones this year. It's a great opportunity for golf fans too, because they get to play at Shoal Creek, one of the most exclusive golf courses in the country."

"It's a first-class tournament, offering a lot of opportunities to not only play the course, but to meet new people and, most importantly, support St. Vincent's Health System. This is a great way for those of us who benefit from St. Vincent's to provide the critical financial support to make it even better."

For more information on supporting the June 8 event, including donations, sponsorships, and play, please call 838-6155.

Ben Tamburello



Middle school torchbearers “do something great”

As Future Business Leaders of America (FBLA) members at Oak Mountain Middle School (OMMS) discussed their annual fundraiser, their eighth-grade president, Hannah Davis, recognized an opportunity.

“At first, people were talking about giving to different groups, like ones that help animals. But I said, ‘Let’s do something that would help everyone. Everyone has been affected by cancer.’”

“My grandmother had cancer at that time, and I was super close to her. I knew that if we made a donation to the new Bruno Cancer Center, we had the possibility of doing something great. I just felt like God wanted me to do something to help people.”

Jane Graham is the OMMS business marketing educator and FBLA sponsor. She said FBLA’s annual sweatpant sale allows students to practice key skills. “The club learns about leadership and business skills through their community service project. They are free to choose their charity. Members give a sales presentation on why their group is most deserving of the money. Then they vote on the charity.”

Graham and her students were vaguely aware that Hannah’s father worked for St. Vincent’s. However, no one realized Andy Davis was

president and chief operating officer of St. Vincent’s Birmingham. They were merely motivated by Hannah’s heartfelt presentation.

“I just told them how this donation could help others,” said Hannah. “I’ve heard my dad talk about the Cancer Center, and I know that any money given there has a positive influence.”

By May, FBLA members had employed their considerable marketing skills to sell a higher-than-normal number of sweatpants. By June, the students had donated \$1,000 to the new Bruno Cancer Center. Later in June, Hannah’s grandmother passed away from her battle with cancer. Andy Davis cited his daughter’s friends as torch-bearing examples of next-generation service that never forgets its connection to compassion.

“I appreciate the generosity and caring spirit shown by the FBLA at Oak Mountain Middle School. Their willingness to support the new Bruno Cancer Center is an inspiring example of young leadership and their power to influence their community through teamwork and selfless service.”

Bruno Cancer Center torchbearers of all ages are still needed. Gifts of any amount can help “do something great” for thousands of patients and their families. To learn more, call 838-6151.



Hannah Davis (far left), Chase Christmas, Ben McQueen, Melody Darby, and Ketelynn Pannell were among the Oak Mountain Middle School FBLA students who worked diligently to prepare for last year’s sweatpant sale.

Because you gave...St. Vincent’s St. Clair expands surgical services

“Because donors across Alabama gave to the St. Vincent’s Foundation last year, surgeries are being performed at St. Vincent’s St. Clair that wouldn’t be possible in most rural hospitals in Alabama,” said Evan Ray, president of rural hospitals for St. Vincent’s Health System.

Area residents now have close-to-home access to new vascular, gynecologic, orthopedic, general surgery, ophthalmology, ENT, pain management, and bariatric specialties. A wider range of physician specialists are traveling to St. Clair because the hospital can now provide the diagnostic and surgical tools they need.

Foundation donors provided roughly \$125,000 worth of capital equipment for St. Clair in 2014. Those expenditures resulted in a corresponding 20 percent increase in surgical procedures, when compared to 2013.

“That means we were able to extend care to persons who either would have had to travel far from home or who would have otherwise postponed elective surgery,” said Ray.

Foundation donors from across Central Alabama are also helping the hospital extend its service area beyond St. Clair County. Patients now come from the counties of Talladega, Calhoun,

Etowah, Jefferson, and eastern Shelby to receive closer-to-home treatment at St. Clair. Interstate 20 travelers seek emergency care on an almost-daily basis.

“Lives have been saved as a result of our expansion of services,” Ray said. “Emergency department patients requiring general surgery receive services more promptly, rather than awaiting transport to another hospital. We couldn’t accommodate those patients if we didn’t have the donors in the Foundation to provide those resources.”

Ray noted future ministry potential, as the hospital’s surgical specialties eventually extend their services.

“As St. Clair County continues to grow and our physician base expands, we will need to further expand medical specialties. Meanwhile, I am most grateful to Foundation donors for their critical support in benefiting our patients and our community. And I hope you will continue your giving so we always have the needed resources to care for all those who turn to us in a time of medical need.”



Giving back by planning ahead: *Dr. Ted and Kathy Miller*

When Kathy Miller is asked how she became a torchbearer for St. Vincent's Health System, she replies she was "just following the breadcrumbs."

Her humility doesn't reflect the scope of the Millers' generosity. For 35 years Kathy has volunteered for St. Vincent's Health System. She and her husband, Dr. Ted Miller, a retired UAB biochemistry professor, have provided multiple one-time gifts, an endowment, bequest, and annuity to St. Vincent's, among other donations.

"My husband is a very generous person," Kathy said. "He's also very compassionate. When we talked about our final legacy, we knew that would be our last chance to remember our three children and friends. And St. Vincent's is equally regarded as family and friend. There is no question they will be remembered, too."

Those who think they aren't wealthy enough to contribute are mistaken, she said.

"One of the things I've learned over the years is that it's not about how much money you can give, but about doing what you can with what you have been given."

Kathy finds deep meaning in ministry. Her "breadcrumbs" have led in a consistent direction.

"I was born at the Sisters of Charity Hospital in Buffalo, New York. That was my introduction to the Daughters of Charity. My parish was St. Vincent de Paul. I was educated by the Sisters of St. Joseph. We named our daughter Elizabeth Ann after St. Elizabeth Ann Seton, foundress of the American Sisters of Charity of St. Joseph. Several years after we moved to Birmingham, a friend asked me to volunteer at St. Vincent's. To do so seemed as if I was following the breadcrumbs. It was just as simple as that."

In the intervening decades Kathy has held virtually every Auxiliary post and leadership role. Her faithfulness led to a seat on the Foundation's board, where she now holds a "Member Emeritus" designation. Kathy calls each opportunity an honor. Her career in customer relations was invaluable as she served on the hospital's patient and family engagement committee. At every opportunity she has given of herself to help advance the mission of St. Vincent's.

"By sharing your time, talent, or treasure you can make someone's day a little brighter. As I've volunteered with the Auxiliary, I've seen people of all faiths come here. St. Vincent's is where they find healing, comfort, understanding, and acceptance. And when they're sick, this is where they find God."

Although the Millers are blessed with good health, each has been a St. Vincent's patient. Last November a broken wrist sent Ted to the emergency department and ultimately, to outpatient surgery.

"The young man who put the cast on didn't know us, but as he worked he talked about the core values of St. Vincent's. They were guidelines he embraced, lived by, and practiced. We had the same experience in ambulatory surgery. Everyone here is so aware of the core values – the mission and vision of St. Vincent's – and it carries over into everything they do."

Given Ted's medical education background, the Millers consider nursing care a critical link between patients and their doctors. They also know nurses' earnings cannot always cover continuing education costs. That's why they have designated some of their contributions to nurses' training.

"Over the years, Ted and I have received really first-rate care at St. Vincent's. So if we have something to give, we believe we should share it there. I believe God is going to ask us one day, 'Did you try to make the world a better place? Did you help take care of those who were most vulnerable?'"

"And, I hope we can say, 'Yes, we did.'"



Dr. Ted and Kathy Miller (center)

Since 1898, our healing ministry has responded to health care needs. A future gift in your will or estate plan ensures the continuation of our commitment to person-centered care that honors the dignity of every person. If you have questions about how to include St. Vincent's Foundation of Alabama, Inc. in your estate plans, please call 838-6151.

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St. Vincent's Foundation of Alabama



WHO WE ARE

Although the staff of St. Vincent's Foundation of Alabama is now headquartered at One Medical Park East Drive, the Foundation's supporters extend across and beyond Alabama. We are a qualified public charity [501(c)(3)] that advocates exclusively for financial support to advance St. Vincent's Health System's mission: "*Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons, with special attention to those who are poor and vulnerable.*" It is a bold vision to serve all persons, but this is possible with our dependence on the Lord, in whose providence we turn to and depend on each day.

We are part of Ascension Health, comprised of several Catholic religious communities from across the nation, who have come together to further the immediate presence of God in the world by ensuring that every person has access to healthcare.

WHAT WE DO

The Foundation's full-time staff and its volunteers—board members, emeritus members, junior advisory board members, and faithful donors—cooperatively raise funds through annual giving, special campaigns, transformational gifts, and estate gifts to support new programs, sustain quality training and medical education, replace and acquire needed equipment, secure advanced technology, and renovate or replace capital structures—and yes this includes the not-so-popular funding for parking decks, benefiting St. Vincent's Health System.

HOW TO HELP

There are many ways to support our ministry:

- In honor of an associate or member of the medical or clinical staff to recognize their dedication.
- In honor of a birth via our Small Wonders Wall.
- In memory of someone.
- In support of a service specialty that has cared for you or a loved one such as orthopedics, cardiac, cancer, women's and children, bariatric, neurology, behavioral health, or emergency care.
- In the form of a transformational gift that is \$500,000 or greater to make a major impact in our care delivery.
- In a will, through a beneficiary designation of an IRA, deed, or insurance policy to sustain our mission into the future.

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Thank you 

St. Vincent's Foundation is pleased to provide this newsletter to thank you for your support and to provide a brief summary of the impact your giving has on our mission of providing innovative, effective, and compassionate care to everyone regardless of status or financial resources.

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